

# The Alma Mater Society Welcomes the Class of 2024!

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**3 Commissions**  
**10 Faculty Societies**  
**13 Student-run Services**  
**60+ Full-time Student Staff**  
**250+ Student Clubs**  
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*Welcome to Queen's!*

# Alma Mater Society Executive



**Jared den Otter**  
*President*

Congratulations, class of 2024! You have made it! Queen's University is known for its unparalleled school spirit. Orientation Week at Queen's will introduce you to some of your closest friends and foster some of your favourite memories of your time here. There are such fun and unique traditions that have passed down from year to year. I encourage you to take part this September and make the most of it. Although you are navigating something no incoming class has seen before, I can promise you one thing. Your Queen's Experience will be something that you remember for a lifetime. The AMS will always be around to help you succeed during your time at Queen's. Welcome home!



**Alexia Henriques**  
*Vice President of  
University Affairs*

Orientation Week at Queen's is unlike any other University. We are all so thankful to be able to welcome you to our community and are so excited to introduce you to all of the incredible opportunities and experiences that our school has to offer. My first year at Queen's was a whirlwind, as I am sure yours will be too. As a member of the Class of 2024, you are now a part of a family of students that are going through the most challenging and unique transition ever. While your start at Queen's might look somewhat different than you were expecting, the uniqueness and spirit that sets us apart will remain unchanged. Your experience here will be shaped by your willingness to get involved and discover all of the resources and services that are offered by your peers, so I challenge you to explore all that Queen's has to offer. Welcome home, Class of 2024!



**Alexandra Samoyloff**  
*Vice President of  
Operations*

Regardless of the faculty you are in, Orientation Week at Queen's will connect you to so many people going through the same experiences that you are. I wish you luck and welcome you warmly to the Queen's community. This week will make you aware about all the possible avenues of student involvement you can take during your undergrad. Your experience will be shaped by your involvement and I strongly encourage you to figure out where your passions are and pursue them. Although this time is difficult to navigate, remember that the AMS and Queen's will provide you with many opportunities and supports during your time here. Cha gheill!

**Mission Statement:**  
***To serve and represent  
the diversity of students  
at Queen's University.***



*Welcome to Queen's!*



## **Welcome Class of 2024!**

Three summers ago, I received my Orientation Week handbook in the mail. I was nervous, excited, and unsure of what this experience would bring. What should I pack? What is a tam? What does Cha Gheill even mean? As I read my handbook from front to back to answer these questions, researched residences and cafeterias, and stocked up on all things tri-colour (Queen's school colours – red, yellow, and blue!), I began to realize I wasn't just going to school – I was joining a new community and a new family.

Although COVID-19 has impacted our traditional Orientation we hope to have created an orientation period that gives students from all different backgrounds a place to grow and become comfortable in their new University, in a safe and supportive environment. University can seem overwhelming at first, but always remember that everyone at Queen's wants to see you succeed - you can do anything you dream of and more! We are a community of over 30,000 students and staff, so no matter what challenges you may face in your time here, you will never be alone.

Moving away from home (whether it be for the first time or not) can be a scary and nerve-racking experience – and all of these emotions are totally okay! Missing your family, friends, and home can be tough – but Orientation Week is here to welcome you home. As a completely student run week, over 1,200 upper year students have been working incredibly hard over this past year to welcome you – yes, YOU!

On a final note, you may be wondering, "What the HECK is the Orientation Roundtable?" That's a great question! We are a team of five students who make up the core logistical body of Orientation Week. We have been working alongside the nine Orientation Committees here at Queen's, to help ensure that everything is all ready for you this fall. The TEN Orientation Committees include the Arts and Science, Commerce, Computer Science, Concurrent Education, Engineering, Nursing, Health Sciences, Kinesiology, NEWTS (New Exchange Worldly Transfer Students), and FYNIRS (First Years Not In Residence Students) Orientation Weeks. The five of us will be online throughout the week – feel free to send a message and say hello, we would LOVE to e-meet you!

That's all for now – we cannot wait to meet you in September, but for now relax, enjoy your summer and get ready for Queen's Orientation Week 2020!

For more information, be sure to check out our Orientation Website at: <http://queensu.ca/orientation>. As well, for updates throughout the summer, like us on Facebook at: Queen's Orientation Roundtable and Instagram: @queensu.ort

**Mitchell Sanders (he/him)**  
Orientation Roundtable Coordinator

**Mackenzie Pierce (she/her/hers)**  
Systems and Support Director

**Julian Mattachione (he/him/)**  
Concert Director

**Darcey Pearson (she/her)**  
Leadership Development Director

**Leigh Wells (she/her)**  
Logistics Director

*Welcome to Queen's!*



Welcome to Queen's

As your Principal, I want to take this opportunity to welcome you to Queen's University. Queen's will be your home for the next several years and I hope you will embrace it and cherish it for all it has to offer. You have chosen to be a part of a vibrant community that will provide you with many opportunities to challenge yourselves while you learn and grow as students and as individuals. Your hard work has brought you here, and that drive and ambition will continue to serve you well as you begin this next chapter of your life.

I realize that your Queen's experience is beginning differently from what you might have expected. Many of you will not yet be on campus. But rest assured that day will come, and in the meantime we are doing all we can to provide you with the Queen's experience even if you are not in Kingston. We are committed to giving you a warm welcome as you embark upon your journey at Queen's and we encourage you to take advantage of all the creative ways our students, staff and faculty will be helping you foster connections and equip yourself with the information and tools you need to achieve success.

This may be an unconventional beginning, but the circumstances are temporary and there will be plenty of time for you to experience life on campus. Do not let these limitations stand in the way of your creativity or curiosity and be open to the possibility of making meaningful connections even if they must begin remotely. While we may meet each other virtually, I am confident that our relationships will be made only stronger by the unique circumstances in which they arise, and in time will grow as physical restrictions on gatherings are relaxed.

If I can offer some advice over the coming weeks, it is to be patient with yourself as you adjust to your new life as a university student. This is a significant transition and it is natural during this time to feel a bit untethered, especially right now when there is still so much uncertainty in the world. Let Queen's and our community help you find your way. You are not alone as there are other students learning alongside you who are likely experiencing similar highs and lows. Your peers are a great resource and there are other sources of help available through different services should you ever need emotional or academic support. We want you to succeed and achieve your dreams—and it all begins now.

I wish you all the best as you begin your journey here at Queen's and I look forward to the day when I can see all of you back on campus.

Stay safe. Stay well.

A handwritten signature in cursive script that reads "Patrick". The signature is written in a dark ink and is positioned above the printed name and title.

Patrick Deane  
Principal and Vice-Chancellor

Dear Students,

On behalf of the City of Kingston I'm thrilled to welcome you to our community! Congratulations on selecting Queen's for your post-secondary education and Kingston as your new home.

As you begin this new chapter, I hope you take time to familiarize yourself with your new city. You will learn that Kingston is a wonderful place to live and home to the region's best cultural attractions: our beautiful waterfront, museums, galleries and historic sites. Take time to discover a favorite exhibit in one of our museums, take a stroll and explore our charming shops, and find a favorite meal in one of our many esteemed restaurants.

Please know my door is always open and I would love to hear from you. Connect with me on Twitter or Instagram @MayorPaterson, by e-mail at [mayor@cityofkingston.ca](mailto:mayor@cityofkingston.ca) and be sure to check out my website at [www.MayorPaterson.com](http://www.MayorPaterson.com) for city updates.

Wishing you a great orientation week!

Sincerely,



Bryan Paterson  
Mayor of Kingston



CityofKingston.ca  
 TheCityOfKingston  
 @CityofKingston

*Welcome to Queen's!*



Dear Class of 2024,

It is with overwhelming joy that I welcome you to Queen's University! On behalf of everyone both remote and close to campus I would like to offer you a most heartfelt congratulations and warmest welcome. I cannot wait to see and hear of all the wonderful things you accomplish as we navigate this difficult time as students and as an institution.

As many of you are well aware, Queen's University is one of the oldest Canadian institutions for post-secondary education; going beyond confederation and colonization of Canada itself. With more than 175 years worth of history and traditions to its name, this is a university with context that defines our student experience in a way that is entirely unique. The events of Orientation week are ones that traditionally introduce you to our lovely campus, facilities, and resources to help you succeed through your time here. While it may look a little different or feel strange at times, remember to slow down and take it all in. Be open to new people and opportunities. Indulge in the wisdom and guidance of your peers and student leaders, take pride in The Queen's Oil Thigh, and take the time to learn why we love Queen's.

Queen's University has always been marked by or incredible "student experience," and it looks different to everyone who joins our family. There is no other school in Canada, and perhaps North America, where students are provided with as many opportunities both inside and outside of the classroom. We hold a lot of value in our actions and how they serve both the Queen's and greater Kingston community.

As Rector, I am the third highest officer of the University and an equal to the Chancellor, Principal, and Vice-Principals. As a student holding the position, I represent a unique opportunity to represent students and guide them on decisions and policies of the administration. Whenever it is possible, I encourage you to get involved in what you are passionate about, and work to create an inclusive campus for all people. We are an institution where diversity makes us stronger, and the support of our family makes us better and stronger. It is a privilege to attend Queen's and I hope you make the most of every minute you spend here.

I am here in my position to represent and support all Queen's students. The Rector serves on the Board of Trustees, sits on AMS and SGPS assemblies, and is an observer of the University Senate. In addition, the Rector sits on various planning and advisory committees on campus. The Rector also serves some ceremonial duties by speaking at Convocation ceremonies, and conferring the Agnes Benedickson Tricolour Award on an annual basis. Lastly and certainly not least, I am here to support you. If you are struggling with anything and don't know where to turn – my virtual door is always open. Nothing I might be working on is more important than making time for students. Connect with me at my email [rector@queensu.ca](mailto:rector@queensu.ca) or on social media [@queensurector](#).

Princeps Servusque Es (Be a Leader and a Servant)  
Sam Hiemstra (37th Rector of Queen's University)

Welcome to Queen's!

*Welcome to Queen's!*

## Senate Orientation Activities Review Board (SOARB)

Welcome to Queen's Orientation Week 2020! We hope you enjoy your first week here in Kingston and invite you to take advantage of the many opportunities Orientation Week provides. During the Week, you can learn about the many resources, services, and extracurricular activities offered, meet new people, and have fun!

Remember that this week is organized with every intention of making you feel safe and settled here at the University. We want you to get excited about calling Queen's "home"!



The Senate Orientation Activities Review Board (SOARB) is a Queen's Senate committee that exists to ensure your first week here is a good one. Our Board is comprised of students, faculty, staff, and alumni from the Queen's community, and together we're responsible for setting the general policies for Orientation Week. The Orientation Roundtable (ORT) and Faculty Societies are responsible for executing these policies. We'll be attending activities throughout the week to observe events and then will report our observations and make policy recommendations to the University Senate.

If you have any concerns or comments about Orientation Week 2020, you can reach us through the secretary of the committee, Joan Jones. Her office is located in the John Deutsch University Centre (JDUC), room 135. She can also be reached by phone at 613-533-6745, or by email at [jj7@queensu.ca](mailto:jj7@queensu.ca).

Have a great week!  
Cha Gheill!

### The goals of Queen's Orientation Week are:

- To make all new students feel welcome;
- To facilitate a smooth transition to university;
- To build a strong and inclusive community of students;
- To make new students comfortable in their academic, social, and environmental contexts;
- To provide a solid foundation for a successful university experience.

### The broad approaches we take in order to achieve these goals are:

- Foster a climate that:
  - is positive, respectful, inclusive and discrimination-free;
  - prepares students for academic and intellectual pursuits;
  - promotes individual and community health, wellness and safety.
- Familiarize students with:
  - personal support services and social opportunities;
  - expectations for non-academic conduct;
  - the academic culture, expectations and resources.
- Facilitate:
  - the development of social networks and interpersonal relationships;
  - student engagement with faculty members;
  - student utilization of personal and academic resources.

In achieving these goals and taking these approaches, the utmost respect for the individual and the community will be shown.

*Welcome to Queen's!*

# UNIVERSITY ORIENTATION

August 24 - September 4

2020

*Cha Gheill!*

WELCOME TO QUEEN'S!



To kick off the school year, the Student Experience Office hosts University Orientation - open and free to all incoming students! University Orientation provides an opportunity to participate in many programs to acquaint yourself with all the supports and resources at Queen's University!

## WHAT TO EXPECT

University Orientation will take place over 2 weeks delivered through OnQ, and is made up of 4 modules designed to make you feel welcome, and prepared for the year ahead!

During University Orientation, you will have the opportunity to explore what Queen's has to offer and participate in events with the entire incoming class. You will:

- Learn about the resources and clubs available at Queen's and how to access them
- Engage with interactive content that will help you feel a sense of belonging and school spirit
- Learn how to prioritize wellness in an online learning environment
- Participate in class-wide events



## IMPORTANT DATES

Mark sure to check the University Orientation OnQ course for these live events and module launches!

- Aug 24** – University Orientation Launches & Welcome Event
- Aug 25** – Module 1 launches & Academic Webinar
- Aug 28** – Module 2 launches & EDII Open House
- Sept 1** – Module 3 launches & Wellness Webinar
- Sept 4** – Module 4 launches & Fall Orientation ends!

### FIRST YEARS

#### NOT IN RESIDENCE (FYNIR)

Are you living in Kingston or the surrounding area during first year, but not in Residence? Join the FYNIR community!

They will be hosting events just for you during Orientation including a welcome event, FYNIRS Olympics and a closing event.

For more information: [www.queensu.ca/orientation/FYNIR](http://www.queensu.ca/orientation/FYNIR)

Get more information:  
[www.queensu.ca/orientation](http://www.queensu.ca/orientation)



@queens\_seo

# UNIVERSITY ORIENTATION

August 24 - September 4



## Four Directions Indigenous Student Centre (FDISC)



To help start a new adventure and academic career at Queen's University, the Four Directions Indigenous Student Centre (FDISC), offers a Welcome Day for Indigenous Students on **August 27th, 2020 at 1:00 pm**. This event this year will strictly be online, and the registration will be emailed to Indigenous students. Welcome day allows incoming first year and transfer Indigenous students to:

- Meet one another
- Learn about 4D and our services
- Have a chance to meet faculty specific supports and more!

For more information on Welcome Day for Indigenous Students and how to register please visit the Four Directions Indigenous Student Centre website under Welcome Day or email us at [4direct@queensu.ca](mailto:4direct@queensu.ca).

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## Queen's University International Centre (QUIC)

Are you an International Student?

Access online orientation webinars, Q&A sessions with advisors, and arrival information through SOAR at <https://www.queensu.ca/nextsteps/soar>.

To learn more about arrival information and international topics' dates, access and other details visit the QUIC website at <https://quic.queensu.ca/arrival/orientation/>.



# AMS COMMISSIONS

The core components of the AMS are the three Commissions that advocate on behalf of Queen's students to the University, the City of Kingston, and to the provincial government on student issues. There are a wide range of work and volunteer opportunities available within each of the Commissions. Visit [myams.org](http://myams.org) to learn more!



**The Campus Affairs Commissions (CAC)** strives for the betterment of student life through social, inclusive, and entertaining extracurricular activities. They run events and conferences each year that enrich the Queen's experience for undergraduates in unique and memorable ways. Contact the Commissioner of Campus Activities, Charlotte Galvani, at [cac@ams.queensu.ca](mailto:cac@ams.queensu.ca).

**The Commission of External Advocacy (CEA)** advocates on behalf of students on the Municipal, Provincial, and Federal levels. In this pursuit, the Commission lobbies and advocates internally within the university administration while also lobbying externally to raise awareness about government policies regarding post-secondary education, as well as municipal issues pertaining to student life. Contact the Commissioner of External Advocacy, Matthew Mellon, at [cea@ams.queensu.ca](mailto:cea@ams.queensu.ca)



**The Social Issues Commission (SIC)** aims to speak to issues of equity while engaging with oppression at Queen's. They seek to provide students with resources and education as well as offer an open, safe space for those who face oppression and their allies. By fostering close ties with various groups and the Queen's administration as well as facilitating student learning about oppression, we aim to eliminate marginalization on campus. Contact the Commissioner of Social Issues, Angela Sahi, at [sic@ams.queensu.ca](mailto:sic@ams.queensu.ca).

# AMS OFFICES

The five AMS Offices support the activities of all students presently involved with the AMS as well as those looking to get involved. They also work toward strengthening the organizational and reputational standing of student leadership. Check out [myams.org](http://myams.org) to see the opportunities in each Office.

**The Alumni and Sponsorship Office (ADO)** is responsible for ensuring that the AMS has a cohesive strategy for fundraising, sponsorship, and meaningful engagement with alumni. This Office works to build and maintain relationships with donors, sponsors, and the alumni community, and works closely with the Queen's Office of Advancement on these goals. The ADO supports the functions of the AMS by securing financial contributions and mentorship opportunities that will enhance the programming and services provided by the Society. Contact the Director of Alumni and Sponsorship, Emma Solecki, at [advancement@ams.queensu.ca](mailto:advancement@ams.queensu.ca)



**The Human Resources (HR) Office** is here to make sure that your experience within the AMS is rewarding, productive and welcoming. Whether you volunteer on a committee, work as an AMS intern, or are employed by one of the many AMS services, the HR Office is your resource. Don't know where to start? We can help with that too because recruitment is one of the primary roles of the HR Office. Contact the Director of HR, Eve Garrison, at [hr@ams.queensu.ca](mailto:hr@ams.queensu.ca)

**The Information Technology (IT) Office** works to provide and maintain the IT infrastructure on which the AMS depends. The IT Office operates internally on both the government and corporate sides of the AMS to ensure the continued support and maintenance of all IT equipment and services. The IT Office works to develop applications, databases, and websites for the various AMS Services. Working as a part-time student staff member in the IT Office is a great way to develop your passion for Information Technology. Contact the Director of IT, Nathaniel Gerchikov, at [ito@ams.queensu.ca](mailto:ito@ams.queensu.ca)



**The Marketing & Communications Offices** serve as the public relations channel for the AMS and facilitates the two-way flow of information between the AMS and students. They accomplish this by conducting marketing research to gauge the opinions of the Queen's student body while monitoring the AMS's media relations with both local and national media. They also responsible for the supervision and creation of AMS publications, web content, and interacting with students and the city through social media. Contact the Director of Marketing, Cassandra Greenhalgh at [marketing@ams.queensu.ca](mailto:marketing@ams.queensu.ca) or the Director of Communications, Patrice Oliveira, at [communications@ams.queensu.ca](mailto:communications@ams.queensu.ca)

## STUDENT SPECIAL



**Osmow's**  
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## PHASE 2 WELCOMES THE CLASS OF 2024



Visit us in store at 353 Princess@Barrie, Downtown Kingston, or our new online store at [www.phase2kingston.com](http://www.phase2kingston.com) for all of your Queen's University wear.



## Enjoy smart student banking

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Offer ends October 30, 2020. Conditions apply.

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\* Offer begins on February 29, 2020 at 12:01 a.m. (ET) and ends on October 30, 2020 at 11:59 p.m. (ET). Offer only open to Canadian residents who are not holders or joint holders of a CIBC chequing account. To qualify, open a CIBC Smart™ Account with Smart for Students and provide your email address. Within two (2) months, you must: (i) register for and sign on to CIBC Online Banking or CIBC Mobile Banking; and (ii) complete at least three (3) eligible Visa Debit purchases from the CIBC Smart Account for students. Offer cannot be combined with any other offer, reward or rebate, unless otherwise indicated. The cash reward will be deposited into your account five (5) months after you have completed the required transactions. Other conditions apply. To receive student account benefits, just show us your current student card and a copy of documentation verifying your enrolment in a full-time post-secondary program (college, university or CEGEP). These benefits are in effect for up to a maximum of 4 years from your program enrolment date (based on expected graduation date or length of the program, plus six additional months after graduation). After this, you must re-apply with proof of continued enrolment. The CIBC Logo is a trademark of CIBC. All other trademarks are owned by CIBC.

Welcome to Queen's!



**The Clubs Office** is comprised of over 275 unique organizations, ranging from cultural groups to health outreach initiatives, among others. For many students, one of the most important experiences outside of the classroom is participating in clubs on campus. The Clubs Office works to provide resources and support to AMS affiliated groups through financial means (grants, bursaries, fundraising, etc.), providing club space, insurance, and resources for event planning and marketing. There are also various workshops held throughout the year, along with the annual Tricolour Open House which allow clubs to showcase their organization to the entire student body.

The Director of Clubs is responsible for the day to day operations of the office which includes connecting with club members, students, and stakeholders (on and off campus) as well as overseeing the Deputy Director of Clubs, the HR Coordinator and the Marketing Coordinator. Additionally, they act as the main liaison between the AMS and the clubs community with regular office hours 10-12 and 1-3 Monday to Friday. A complete list of clubs and organizations can be found on the AMS website with other useful club information. Feel free to contact the Director of Clubs, Olivia Stanton, at [clubs.manager@ams.queensu.ca](mailto:clubs.manager@ams.queensu.ca) with any questions about this fun and exciting office.



ALMA MATER SOCIETY

# SECRETARIAT

**The Office of Internal Affairs** is responsible for ensuring that internal functions of the AMS are running smoothly. This includes elections and referendum, AMS Assembly (the AMS legislative body), AMS Board of Directors, the judicial branches, and keeping policy up to date. The office is managed by the Secretary of Internal Affairs and works to provide students with open access to the electoral processes and assembly. Contact the Secretary of Internal Affairs, Caroline Hart, at [secretariat@ams.queensu.ca](mailto:secretariat@ams.queensu.ca)

# AMS SERVICES

All AMS services are entirely student-run. We have thousands of student employees and volunteers who work hard to bring on-campus resources to those who need them, whether that's a cup of coffee at Common Ground, weekly campus news from the Queen's Journal, or academic support from the Academic Grievance Centre. Want to be a part of an AMS service? Check out [www.myAMS.org](http://www.myAMS.org) for information about which services will be hiring this fall!



The **Common Ground Coffeehouse (CoGro)** is a student run coffeehouse found at the heart of the Queen's Campus in the Athletics & Recreation Centre. They offer a large variety of espresso based drinks, iced drinks, bagels, delicious sandwiches, and local baked goods. The CoGro lounge space can be used for studying, hanging out with friends, grabbing lunch, or can even be booked for events! And be sure to drop by The Brew, Common Ground's second location in the Upper JDUC (by Tricolour Outlet) to pick up a coffee, tea, or baked good on your way to class!

Located on the lower level of the JDUC, the **Printing & Copy Centre** offers a wide variety of products and services to suit all of your printing needs. Offering black & white and colour printing, scanning, business cards, booklets, conference cards and handouts, binding, poster printing and more, if you ask a P&CC staff they'll tell you that, "Yeah, we do that!". The staff at the P&CC work hard to help you complete your publishing projects efficiently, effectively, and affordably – all while in a fun and welcoming environment. We can't wait to help bring your projects to life during your time at Queen's!



**Walkhome** is a student-run service that provides all members of the Queen's Community with a safe and comfortable way to travel Kingston at night. It is a completely anonymous and confidential service, so our staff members do not wear any clothes identifying them as a Walkhome team. Whether you feel unsafe or just want company on your night walk please call (613) 533-WALK or visit the kiosk in the lower ceiling of the JDUC.

Since 1977, the Queen's Pub (QP) has been a tradition here at Queen's University. The relaxed atmosphere and great tunes will always keep you coming back. Come try the delicious menu with vegan and vegetarian options, a multitude of beers, fine wines, and cocktails. Whether you're using the Pub to meet a study group or watch sports on the HD flat screen TVs, QP staff will always make your visit the best it can be. Come in and get acquainted with the only pub you'll ever need. Cheers! The **AMS Pub Services (TAPS)** constitutes the only student-run bars in Canada, including the Queen's Pub (QP) and The Underground Nightclub. You can reach them at (613) 533-2740 or [taps@ams.queensu.ca](mailto:taps@ams.queensu.ca)



*Welcome to Queen's!*



The **Housing Resource Centre (HRC)** is a confidential space where students can talk freely about their concerns with any current or potential housing situation. The HRC also offers tips on finding housemates and house hunting. You can visit them in room 040 of the JDUC or email [hrc@ams.queensu.ca](mailto:hrc@ams.queensu.ca).

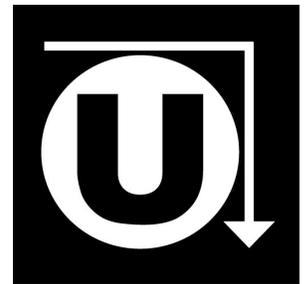
The **Peer Support Centre (PSC)** is comprised of 100+ dedicated staff and volunteers. The PSC provides all undergraduate students with confidential, empathetic, peer-to-peer support, including resource referrals and practical guidance. Students are welcome to come in to talk about homesickness, personal grievances, mental health, instances of oppression and/or discrimination, sexual violence, academic challenges, and more! 'No problem is too big or too small, we care about them all!' Visit the PSC in JDUC rooms 34 & 26 or contact Head Manager Peter Mondolia at [peersupport@ams.queensu.ca](mailto:peersupport@ams.queensu.ca)



## TRICOLOUR OUTLET

**Tricolour Outlet** is your one-stop shop that serves students, alumni, and the Queen's community. They provide high-quality options for Queen's clothing and merchandise, a means for students to save money on used textbooks, inexpensive school supplies, event tickets, and a safe and convenient bus service. Come visit them on the upper ceiling of the JDUC or check out their website: [www.tricolouroutlet.ca](http://www.tricolouroutlet.ca)

Versed in years of tradition since opening its doors in 1976, the **Underground** has served generations of students and alumni. Administered along with the QP by **The AMS Pub Services (TAPS)**, the Underground is the only student-operated club in the country and offers a level of acceptance and warmth that is unparalleled in the Kingston community. It doesn't matter what faculty you are from, The Underground welcomes all students who are invested in making each night special. The Underground is available for booking to all students for club events, team socials, or even birthday parties. You can reach them at (613) 533-2740 or [taps@ams.queensu.ca](mailto:taps@ams.queensu.ca)



**Studio Q** is a student-run creative agency, providing professional design, photography, video, and broadcasting services. As well, they produce the Tricolour Yearbook & Agenda and livestream the Queen's Gaels home games. Contact Studio Q at (613) 533-2738 or [studioq@ams.queensu.ca](mailto:studioq@ams.queensu.ca)

The **AMS Food Bank** provides confidential and non-judgmental food options to members of the Queen's community in the most comfortable environment possible. The Food Bank (JDUC 343) helps to ensure that Queen's students can be healthy and productive as they pursue academic achievement and alleviates poverty amongst Queen's community members. You can reach them at (613) 533-6972 or [foodbank@ams.queensu.ca](mailto:foodbank@ams.queensu.ca). Learn more at [www.AMSfoodbank.com](http://www.AMSfoodbank.com)



With a staff of almost 30 students, the **Queen's Journal (QJ)** puts out issues every Friday and releases online content throughout each week at [www.queensjournal.ca](http://www.queensjournal.ca). They welcome all students as writers and photographers as well as letters or opinion pieces from all members of the Queen's community. Feel free to drop by the Journal House (190 University Ave.) or contact the Editor In-Chief, Raechel Huizinga at [journal\\_editors@ams.queensu.ca](mailto:journal_editors@ams.queensu.ca) or (613) 533-2800 for more information about services and opportunities.



The **Academic Grievance Centre (AGC)** is the place to go if you have any questions or concerns about academic grievances, discipline, or regulations. The volunteers that work in the centre (JDUC 040), are very knowledgeable about the academic policies of the University and can be a resource and support if you have a problem or simply need someone to listen. You can reach them at (613) 533-6434 or [agc@ams.queensu.ca](mailto:agc@ams.queensu.ca)

The **Queen's Student Constables (StuCons)** are the only peer to peer security service in North America. StuCons have been around since 1936, and ever since have been working to keep students safe by upholding the AMS and University's rules and regulations. With a staff of over 100 students, you can find us at some of your favorite on-campus establishments, such as QP, The Underground, Clark Hall Pub, as well as any sanctioned events and venues for the over 260+ student run clubs. You can reach them at [QSC@ams.queensu.ca](mailto:QSC@ams.queensu.ca).



# You can apply to work at any of these AMS services.

*No experience necessary!*



Check opportunities and deadlines to apply here: [www.myams.org/apply](http://www.myams.org/apply)

**AMS HEALTH & DENTAL PLAN**

Make the most out of it

Eligible undergraduate and MBA students have access to the well-being resource: Empower Me; a confidential support service available 24/7. Complete details at [www.studentcare.ca](http://www.studentcare.ca).

**AMS** STUDENT GOVERNMENT

**STUDENTCARE**

Questions?  
Care Centre  
9 am to 5 pm on weekdays  
613-776-1005  
[www.studentcare.ca](http://www.studentcare.ca)

Welcome to Queen's!



## **Student Life Centre**

Space • Information • Resources

The **Student Life Centre (SLC)** The Student Life Centre (SLC) is a collaboration of facilities, services, and resources dedicated to enhancing the quality of student life at Queen's. Encompassing the John Deutsch University Centre (JDUC), the Queen's Centre (QC), the Mackintosh-Corry Student Street (MC), the Grey House, the SLC provides space for societies and clubs, bookable spaces for meetings, performances, events, and public spaces for a wide range of student and community use. The SLC Information Desk is located beside the Union St. entrance of the JDUC, where friendly SLC staff can provide you with information about space bookings, equipment and locker rentals, opportunities to advertise through posters and TV screens around the SLC or booths, and conference or event set-up. In the long term, the JDUC revitalization project will create transformative new opportunities for student life and engagement.

Contact the SLC at [slc@ams.queensu.ca](mailto:slc@ams.queensu.ca) or [www.studentlifecentre.ca](http://www.studentlifecentre.ca).



*Welcome to Queen's!*

# Gender Neutral Bathrooms List

Abramsky Hall	114	Etherington Hall	2052	Mackintosh-Corry	B245
Abramsky Hall	115	Etherington Hall	3014	Mackintosh-Corry	D500
Abramsky Hall	217	Etherington Hall	3017	MacGillivray-Brown	103
Abramsky Hall	218	Etherington House	2	MacGillivray-Brown	164
Abramsky Hall	322	Flemming - Pollock	103	MacGillivray-Brown	203
Abramsky Hall	323	Flemming - Pollock	116	McLaughlin Hall	403
Biosciences Complex	2284	Flemming - Pollock	202	Nicol Hall	301
Biosciences Complex	2288	Flemming - Pollock	203	Nicol Hall	309
Biosciences Complex	3288	Flemming - Pollock	303	Stauffer Library	179A
Biosciences Complex	3289	Flemming - Pollock	403	Stirling Hall	135
Cancer Research Institute	395	Flemming - Pollock	502	Summerhill	011
Carruthers Hall	201	Flemming - Pollock	503	Summerhill	107
Carruthers Hall	302	Harrison - LeCaine	265	Summerhill	121
Cataraqui	214	Humphrey Hall	314	Summerhill	122
Cataraqui	215	JDUC	354	Theological Hall	103
Craine Hall	322	JDUC	356	Theological Hall	105
Duncan McArthur	B161	JDUC	075A	Theological Hall	217
Duncan McArthur	B162	JDUC	306A	Theological Hall	207
Douglas Library	689	Jeffery Hall	121	Theological Hall	208
Dupuis Hall	402	Kathleen Ryan Hall	110	Victoria Hall	027C
Dupuis Hall	300	Kathleen Ryan Hall	210	Victoria Hall	136A
Ellis Hall	137	Kathleen Ryan Hall	310	Victoria Hall	137A
Etherington Hall	2002	Kathleen Ryan Hall	410	Waldron Tower	All
Etherington Hall	2003	Louise D. Acton	28		



## AMS HEALTH & DENTAL PLAN

Make the most out of it

Full-time undergraduate students and MBA students are covered by the AMS Health & Dental Plan. Complete details at [www.studentcare.ca](http://www.studentcare.ca).



Questions?  
Care Centre  
9 am to 5 pm on weekdays  
613-776-1005  
[www.studentcare.ca](http://www.studentcare.ca)

Welcome to Queen's!

# ON-CAMPUS SERVICES

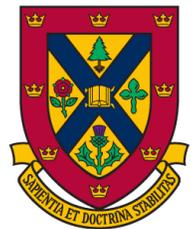
These University and community services encompass a wide range of support available to Queen's students.



The **Four Directions Aboriginal Students Centre** strives to be a home away from home for Indigenous students during their time at Queen's. Come by to take part in some of our programming, cultural counselling and academic advising services, or just to study and meet new friends.

The Four Directions Indigenous Student Centre is located at 144-146 Barrie St. We look forward to meeting you at the centre soon!

**Career Services** is available to assist you with everything you need to know, and do, to make your next career move a success. Wondering how to make the most of your first year, get involved, and build skills and experience? Check out our popular Major Maps (there's a specialized one for each major) to help you map out your journey at Queen's!

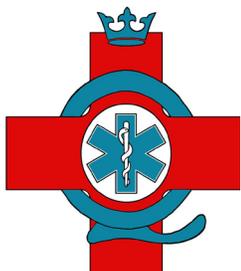


Learn about potential careers and future employers by visiting our website and joining us for virtual career fairs. Career Services website: [careers.queensu.ca/](http://careers.queensu.ca/)



The **Human Rights and Equity Office** offers a variety of services including Human Rights Advisory Services (HRAS) and Sexual Violence Prevention and Response (SVPR). HRAS is a confidential service that assists individuals or groups at Queen's by providing information, advice, support, and resources as well as assistance to those who wish to pursue informal or formal routes of complaint resolution following an incident of harassment or discrimination. The HRAS also advocates for human rights practices and policies that respond to the needs of Queen's equity-seeking communities. The SVPR Office will assist any student who has been impacted by sexual violence. Students can contact the Sexual Violence Prevention & Response Coordinator, Barb Lotan, at [bjl7@queensu.ca](mailto:bjl7@queensu.ca). The SVPRC can provide information about and assistance to access supports, services, academic accommodations and reporting processes. Visit online at [www.queensu.ca/hreo/home](http://www.queensu.ca/hreo/home) & [www.queensu.ca/sexualviolencesupport](http://www.queensu.ca/sexualviolencesupport) for more information.

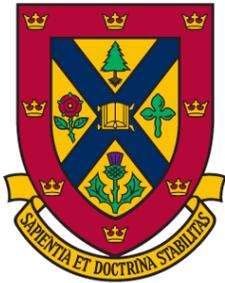
**Queen's Athletics & Recreation** - A healthy body supports a healthy mind - over 81% of our student population is active in sports or recreational activities on campus. Join an intramural team, workout or participate in one of our many fitness and wellness offerings to keep in shape. If you're interested in competitive or high performance sport—why not try out for one of our varsity sports? At Queen's, students have a multitude of athletic activities to choose from and enjoy while taking a break from their studies. For more information visit [www.gogaelsgo.com](http://www.gogaelsgo.com).



**Queen's First Aid** is on call 24 hours a day, 7 days a week during the academic school year and provides confidential, professional First Aid Response. You can request QFA to attend a situation by calling the Campus Security Emergency Report Centre at (613) 533-6111, or by activating the closest Emergency Blue Light. QFA is also available to provide First Aid Coverage at your event. For more information, visit [www.queensfirstaid.com](http://www.queensfirstaid.com).

*Welcome to Queen's!*

# ON-CAMPUS SERVICES



**Chaplain's Office** - Queen's has a University Chaplain, appointed by the University, as well as a number of Christian Chaplains who, with the University Chaplain, form the Queen's Chaplaincy Team. There is also a Muslim Chaplain in one day a week, as well as contacts with most faith groups. These chaplains are here to help students in any way they can, from deeply spiritual or personal problems to the very practical aspects of living and adjusting to University life. The Chaplains are committed to fostering a climate of respect for the variety of faith traditions at Queen's. Students are encouraged to drop by the University Chaplain's Office, room 142B in the JDUC anytime!

The **Positive Space Program** brings visibility and support to lesbian, gay, bi, trans, and queer communities at Queen's. Positive Space stickers posted at the entrance to work, living, or study areas encourage the Queen's community to celebrate the gender and sexual diversity that exists on campus and to work to overcome subtle and overt forms of heterosexism, homophobia, and transphobia. This program is a reflection of Queen's commitment to welcome and include all members of the community and to create a campus that is free of discrimination based on gender and sexual identity. Information can be found at <http://www.queensu.ca/positivespace> or [posspace@queensu.ca](mailto:posspace@queensu.ca).



**POSITIVE SPACE**



Queen's  
Legal Aid

**Queen's Legal Aid (QLA)** offers free legal services to students with certain tenancy, criminal, civil, employment and government benefits problems. Law students provide these services under the supervision of staff lawyers. QLA is located in Macdonald Hall, room 406 and can be contacted at (613) 533-2102. Alternatively, visit their website at <http://law.queensu.ca/students/legalAid.html>.

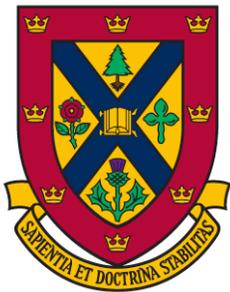
**Queen's University International Centre (QUIC)** supports Queen's students, staff and faculty in the building of diverse and inclusive communities. Along with campus partners, QUIC provides transition services that lead to a successful student experience. QUIC provides confidential 1:1 advising provided by the QUIC International Student Advisors, Write Nights and academic writing support (with SASS), an English Conversation Program, Intercultural Training and the Intercultural Awareness Certificate Program, social activities with the World Link Program, and volunteer and work opportunities. Did you know? QUIC is here for all students!



**The Ban Righ Women's Centre** is a meeting place and a resource that offers its services without charge or membership. The Centre has informed and helpful staff to assist women of all ages continue formal or informal education, especially those who are returning to study after a time away from formal education or starting university for the first time later in life. Students find help with academic, financial, social or technical issues; share experiences, network with peers, give and receive support. They can be found at 32 Bader Lane and our website is <http://banrighcentre.queensu.ca>.

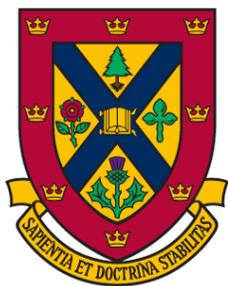
*Welcome to Queen's!*

# ON-CAMPUS SERVICES



The **Interfaith Council** is a council of people representing various faith traditions at Queen's whose goal is to assist the University in promoting and enhancing the environment of religious tolerance, diversity and freedom of expression. Members of the Council represent faith traditions such as Christianity, Judaism, Hinduism, Aboriginal, Islam, Bahai and Buddhism and Wicca. Students are encouraged to exercise their own judgement as to the extent to which they participate in Orientation Week and are reminded that all activities are voluntary. To contact a member of the Interfaith Council, call (613) 533-2186.

**CFRC** is Queen's campus and community radio station, broadcasting at 101.9FM, channel 282 on cable, and CFRC.ca online. CFRC is your gateway to diverse Kingston communities and to underground music from around town or across the globe. CFRC offers free broadcast and journalism training. To get involved, contact [cfcprogram@ams.queensu.ca](mailto:cfcprogram@ams.queensu.ca), call (613) 533-2121, or drop by the station in Lower Carruthers Hall.

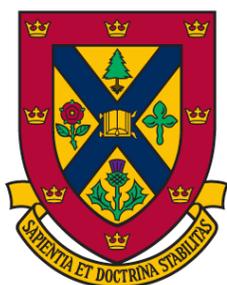


**Queen's University Libraries** have the information resources you need to complete assignments, write research papers, find class readings and explore any subject. The Queen's Library also consists of the Queen's Learning Commons (QLC), the Writing Centre, and the Learning Strategies Development Program. The QLC offers an inviting, collaborative learning space where students can pursue and share ideas and also unites staff from several service units who assist students through individual consultation, workshops, peer mentoring, and collaboration. The Writing Centre offers one-on-one tutorials, workshops, and credit courses for students from all subject areas. The Learning Strategies Development Program supports academic success through enhancing the skills and self-confidence of students through workshops, individual sessions, and the peer mentor program. These three services are all located in Stauffer Library.

**Telephone Aid Line Kingston (TALK)** is a crisis, distress, befriending and information line that is open from 7pm until 3am every night of the year. The telephone lines are staffed by well-trained, caring volunteers who are there to provide confidential, anonymous, and nonjudgmental listening. Don't hesitate to call (613) 544-1771 if you need to talk. For more information visit us at [www.telephoneaidlinekingston.ca](http://www.telephoneaidlinekingston.ca)



Telephone Aid Line Kingston  
**We're here to listen**



The office of **Town-Gown Relations** can help navigate through problems in the Queen's/Kingston equation while respecting confidentiality at all times. This office can educate you on your responsibilities and advocate for your rights as a student-resident of Kingston. For bylaw questions, assistance with rental situations or tips for making yourself truly "at home" in Kingston, Town-Gown Relations is your starting point. We are located in the JDUC in room 315 or you can contact us at (613) 533-6745 or [towngown@queensu.ca](mailto:towngown@queensu.ca). Our website is <http://towngown.sa.queensu.ca>

# CAMPUS SECURITY

Campus Security is a service department with the main objective being to promote a safe and welcoming environment that recognizes and is respectful of the diverse nature of the Queen's Community. The Campus Security staff is available 24/7, 365 days of the year.

**CAMPUS PATROL PROGRAM** - Teams of uniformed security patrols walk the entire campus every night of the year, providing a visible deterrent to crime as well as a safe resource for staff, students and visitors who require assistance. The patrols act on the direction of the on-duty Security Supervisor who coordinates all responses to emergencies on campus.

**BLUE LIGHT PROGRAM** - The phones are there for you to use anytime you feel unsafe, afraid or concerned. All the phones have a direct line to the Emergency Report Centre. Blue lights are an important safety feature for the university community. Any malicious or irresponsible behaviour in activating an emergency phone is a violation of the Student Code of Conduct and may result in disciplinary action by the University. Any tampering, damage, or theft of an emergency phone or associated equipment is considered an offense under the Criminal Code of Canada.

**EMERGENCY NOTIFICATION SYSTEM** - a public address system using a siren signal followed by voice instructions will alert the campus community to take shelter and if safe to do so, check one of the current Emergency Notification platforms (Queen's Web site, University Status Line--613-533-3333, Queen's email account) for information & instructions.

**LONE WORKER PROGRAM** - Students, Staff & Faculty who work/study alone outside of the regular working hours can call Campus Security and request to be checked on, either by phone or in person.

**ALERT-L LIST** - The purpose of the Alert-L list is to provide students, staff and faculty with notices about serious incidents on or around the campus. To subscribe to the Alert-L list, click on the "Alerts" web link at Security's main web page.

**RAD (RAPE AGGRESSION DEFENCE)** - Free for students and staff, the Rape Aggression Defence Systems teaches women practical defensive techniques through basic information on personal safety, awareness, risk reduction and avoidance.

**PREPARE TRAINING** - PREPARE is a certification course offered by the Security department at no cost to University members. Upon completion of the course, participants will be able to:

- Recognize early warning signs of anger or hostility
- Effectively utilize personal space, body language and paraverbal communication to relieve tension and defuse hostility.
- Employ verbal intervention strategies to de-escalate situations before they become more disruptive or potentially dangerous.
- Maintain an objective and professional attitude when responding to an agitated individual
- Invoke four priorities essential to your organization's Violence Response Procedures.
- Effectively debrief once Tension Reduction occurs

To learn more about these and other services provided by Campus Security, please visit our web page at: [www.queensu.ca/security](http://www.queensu.ca/security)

*Welcome to Queen's!*

# ON-CAMPUS SERVICES



STUDENT AFFAIRS  
**STUDENT ACADEMIC  
SUCCESS SERVICES**

Student Academic Success Services (SASS) is your go-to for writing and learning needs at Queen's. We support students by offering individual writing and academic skills appointments, support for students with English as an additional language, workshops, events, and on-line resources. We welcome all Queen's students at all stages of program completion and all levels of ability to enhance their capacity to fulfill their learning goals and academic potential. Learn more about us on our website at [sass.queensu.ca](http://sass.queensu.ca) or contact us at 613-533-6315 or by email at [academic.success@queensu.ca](mailto:academic.success@queensu.ca) if you have any questions.

**The Yellow House**, Centre for Student Equity and Inclusion is dedicated to enhancing the development and wellbeing of the Queen's equity seeking community and supporting initiatives to recruit and retain racialized and equity seeking students at Queen's. The Yellow House, located at 140 Stuart Street, provides dedicated on campus space for Queen's undergraduate and graduate student clubs. For more information please contact [yellowhouse@queensu.ca](mailto:yellowhouse@queensu.ca)



STUDENT AFFAIRS  
**STUDENT WELLNESS SERVICES**

**Student Wellness Services (SWS)** aims to provide a welcoming, confidential, and integrated service responsive to the needs of students. We offer a range of programs and services including medical care and mental health, accessibility, and health promotion services. Learn more about SWS on their website at <https://www.queensu.ca/studentwellness/home>.

**AMS HEALTH & DENTAL PLAN**

Make the most out of it

Eligible undergraduate and MBA students have access to the well-being resource: Empower Me; a confidential support service available 24/7. Complete details at [www.studentcare.ca](http://www.studentcare.ca).

**AMS** HEALTH UNIVERSITY  
**STUDENTCARE**

Questions?  
Care Centre  
9 am to 5 pm on weekdays  
613-778-1005  
[www.studentcare.ca](http://www.studentcare.ca)

Welcome to Queen's!



Queen's First Aid is Dispatched Through the Emergency Report Centre by Calling the University's Emergency Phone Number: (613) 533-6111, or Using a Blue Light Emergency Phone on Campus



Queen's First Aid (QFA) is a student-based first aid response group offering 24/7 on-call services during the fall/winter school terms, exclusive of holiday periods.

Need a Band-Aid? Rolled an ankle? Drink a bit too much? In a crisis? **Call us!** Or come **walk into the Grey House!**

For more information about us and what we do, visit:

[QueensFirstAid.com](http://QueensFirstAid.com), message us on Facebook or Instagram, or email us at:

[qfa@clubs.queensu.ca](mailto:qfa@clubs.queensu.ca)



## AMS HEALTH & DENTAL PLAN

**Make the most out of it**

Health, dental, vision, and more benefits available through the AMS Health & Dental Plan for eligible students. Complete details at [www.studentcare.ca](http://www.studentcare.ca).



Questions?  
Care Centre  
9 am to 5 pm on weekdays  
613-776-1005  
[www.studentcare.ca](http://www.studentcare.ca)



# Welcome Home, Class of 2024!

*Welcome to Queen's!*



# HIGHPOINT

MANAGEMENT & DEVELOPMENTS



**Building student success  
one home at a time.**

**It's never too early to start.**

***Beat the rush and contact us today to find  
your home for the coming year.***



- Specialized in student rental housing
- Housing situated within 0.5km of Queen's University Campus
- Updated and newly renovated units
- Emergency repair staff available 24/7
- Rapid response to issues to ensure tenant safety and comfort
- Queen's University Landlord Contract Program Approved
- Cleaning services available

Phone: 613-547-3030 • Email: [info@highpointproperties.ca](mailto:info@highpointproperties.ca) • 177 Division St., Kingston, ON

[www.highpointproperties.ca](http://www.highpointproperties.ca)

*Welcome to Queen's!*